

Breakfast

Breakfast Entrées

AMERICAN BREAKFAST* 14.00

Two organic eggs, crispy breakfast potatoes, bacon, sausage, or ham with your choice of toast, butter & fruit preserves

BUILD-YOUR-OWN THREE EGG OMELET* 15.00

Your choice of three of the following add ins: ham, bacon, bell pepper, tomatoes, onions, mushrooms.

Swiss cheese, cheddar cheese Additional add ins .1.00

BROCCOLI AND SPINACH FRITTATA 15.00

Fingerling potatoes and oven cured tomato

HONEY SMOKED FISH CO ® SMOKED SALMON

PLATTER* 16.00

Salmon, capers, shaved red onions, roma tomatoes, cream cheese & bagel ****

CRABBY EGGS BENEDICT 17.00

Two poached eggs and Dungeness crab cakes on toasted English muffin, with classic hollandaise sauce

EGGS BENEDICT 15.00

Two poached eggs and Canadian bacon on toasted English muffin with classic hollandaise

CHICKEN CHILAQUILLES 15.00

Slow braised pulled chicken, corn tortillas, two eggs to your liking, queso fresco, cilantro

BELGIAN WAFFLES 14.00

Fresh berries, maple syrup with vanilla whipped cream

FRENCH TOAST 14.00

Mixed berry sauté GF OPTION AVAILABLE

YOGURT AND GRANOLA PANCAKES 15.00 Mixed berries, whipped butter and maple syrup

BREAKFAST TABLE

HOT BREAKFAST TABLE 21.00 CONTINENTAL BREAKFAST TABLE 14:00 Seasonal fruits & berries, yogurt, steel-cut oatmeal, whole grain cereals, all natural Bear Naked® granola, bakery selections, bagels with cream cheese, scrambled eggs, bacon, sausage, crispy breakfast potatoes, selection of breakfast juices, fresh Starbucks coffee & assorted Tazo teas

Breads + Pastries

FRESHLY BAKED BAGEL 5.00

Philadelphia® cream cheese. butter and fruit preserve

FRESHLY BAKED PASTRY BASKET 6.00

Butter and fruit preserves

BREAD AND ENGLISH MUFFIN 5.00

Choose from white, wheat, sourdough, rye or English muffin

Cereals

BERRY, APPLE & GRANOLA MUESLI 9.00

Low fat vanilla yogurt, banana, walnuts &pomegranate essence suppose

ALMOND STEEL-CUT OATMEAL 9.00

Toasted almonds, dried fruit and honey drizzle

ASSORTED DRY CEREALS 5.00

Choose from a variety of selections and choice of regular, 2%, nonfat, or soy milk

Side Orders

Smoked Bacon, Breakfast Sausage Links, Grilled Ham, or Turkey Sausage* 6.00

TWO EGGS* 6.00

Two organic eggs done your way

Crispy Breakfast Potatoes 4.00

Fruits, Juices + Yogurts

MARKET FRESH FRUITS & BERRIES 11.00

A bountiful selection of the seasons best 🛭 🕬 🛶 GF

BOWL OF FIELD GROWN BERRIES 8.00

A bright mix of the season's best open GF

Orange, grapefruit, apple, cranberry or tomato 👐 🗪 GF

HOUSE-MADE YOGURT PARFAIT 8.00

Seasonal berries with Bear Naked® granola ®

NON-FAT OR FRUIT GREEK YOGURT 5.00 ****

Westin Fresh By The Juicery®

Juices:

BEET, CARROT, KALE APPLE, LEMON, GINGER

GF 6.00

WATERMELON, BASIL Super GF 6.00

ORANGE, GRAPEFRUIT, LEMON, LIME *** GF

KALE, SPINACH, BANANA, MANGO, CINNAMON

GF 6.00

Smoothie:

COCONUT MILK, MANGO, SPINACH

● GF 6.00

Coffee, Tea + Milk

FRESHLY BREWED STARBUCKS®

BLEND COFFEE GF

Regular or decaffeinated 6.00

SPECIALTY GE

Espresso 6.00 Cappuccino 7.00

Latte 7.00

ASSORTED TAZO® TEAS 5.00

Regular or decaffeinated GF

Regular, non-fat, 2%, chocolate, soy or almond Super GF



"These nutritional powerhouse foods can help extend your health span-the extent of time you have to be healthy, vigorous and vital." Dr. Steven Pratt, author of SuperFoods Rx: Fourteen Foods That Will Change Your Life

We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.